

Summer II Fitness Schedule June 29 - August 14

Monday	Tuesday	Wednesday	Thursday
30/30 12:05-12:55 p.m. Kelly	Pilates 12:05-12:55 p.m. Gena	Body Blast 12:05-12:55 p.m. Sarah	PiYo™ 12:05-12:55 p.m. Gena
Yoga (F&W Rm) 12:05-12:55 p.m. Gena		Yoga (F&W Rm) 12:05-12:55 p.m. Gena	
TurboKick™ 5-6 p.m. Sarah	Bootcamp 6:40-7:40 p.m. Alissa	TurboKick™ 5-6 p.m. Sarah	Step & Sculpt 5:30-6:30 p.m. Marissa
Cyclefit 5:30-6:15 p.m. Alissa		Cyclefit 5:30-6:15 p.m. Marissa	Body Blast 6:40-7:40 p.m. Kelly
Amazing Abs 6:10-6:40p.m. Marissa		Zumba™ 6:10-7:10 p.m. Kelsea	

Class Pass Prices

Daily Aerobics \$2.00

Daily CycleFit \$4.00

Semester Pass \$25.00

Semester pass valid for both Aerobics & CycleFit



Division of Student Affairs



Classes that demonstrate consistent low attendance will be canceled at the discretion of the Assistant Director-Fitness & Wellness.