

Summer I Fitness Schedule May 4 - June 25

Monday	Tuesday	Wednesday	Thursday
30/30 12:05-12:55 p.m. Kelly	Pilates 12:05-12:55 p.m. Gena	Body Blast 12:05-12:55 p.m. Marissa	PiYo™ 12:05-12:55 p.m. Gena
Yoga (F&W Rm) 12:05-12:55 p.m. Gena	CycleFit 12:10-12:55 p.m. Alissa	Yoga (F&W Rm) 12:05-12:55 p.m. Gena	CycleFit 12:10-12:55 p.m. Lynda
TurboKick™ 5-6 p.m. Sarah	Step & Abs 5:30-6:30 p.m. Melanie	TurboKick™ 5-6 p.m. Sarah	Step & Scuplt 5:30-6:30 p.m. Marissa
CycleFit 5:30-6:15 p.m. Alissa	Boot Camp 6:40-7:40 p.m. Alissa	CycleFit 5:30-6:15 p.m. Marissa	Body Blast 6:40-7:40 p.m. Shawna
30/30 6:10-7:10 p.m. Shawna		Zumba™ 6:10-7:10 p.m. Kelsea	

Class Pass Prices

Daily Aerobics \$2.00

Daily CycleFit \$4.00

Semester Pass \$25.00

Semester pass valid for both Aerobics & CycleFit



Division of Student Affairs

|